

TREATMENT PROTOCOL

DIABETES

A. Maintenance of Diabetes

1. The Medical Director and nurses will establish the routine and frequency of glucose checks (finger sticks).
 - Take the inmate to the Medical Unit.
 - Inmates may perform their own finger stick under the supervision of the nurse or observation of a deputy.
2. Insulin is stored in the refrigerator in the Medical unit.
3. Do not administer if blood glucose < 70. Call nurse or Medical Director for instructions.
 - Remove insulin from the refrigerator.
 - Verify the name, time and amount of insulin in the syringe and the dosage indicated on medical record.
 - The inmate will inject their own insulin. A nurse or deputy will verify the amount in the syringe.
 - Have inmate dispose of the syringe, used test strip and used lancet in the sharps container. Inmate should wipe down the table area with sani-wipe before leaving area.
2. Proper documentation:
 - Record the administration of the insulin and the glucose results in the EMAR.

B. Insulin Shock – Extremely Low Blood Sugar

1. Symptoms/Presentation
 - Inmate states they are a diabetic and feels they are weak and shaky.
2. Obtain medical history from conscious inmate.
 - When was the last time inmate had taken an insulin injection?
 - How much insulin is inmate taking?
 - When did the inmate eat last?

- What did the inmate eat?
 - What are the inmate's symptoms?
 - Who is the inmate's treating physician?
 - Have inmate do a glucose check (Normal rating 80-120)
 - If blood sugar is below 70, have them drink orange juice or give glucose tabs or insta-glucose (inside lower lip) immediately. This should be followed by a protein rich snack like a sandwich or eggs if patient is able to eat without difficulty
 - Then call the nurse or Medical Director for further instruction. Move inmate to The Medical Unit or Booking for observation.
 - Document treatment for nurse.
3. If semi-conscious, give insta-glucose gel (inside lower lip) immediately and call EMS, nurse or Medical Director.
 4. If unconscious or no response to insta-glucose, call EMS. Perform CPR if necessary.
 5. Report of information:
 - a. Contact nurse if finger stick is less than 70. If no nurse on duty, re-check blood sugar in 20-30 minutes. If still less than 70, call Medical Director if blood glucose does not stabilize.
 - b. Re-check blood glucose.

C. Hyperglycemia – Extremely High Blood Sugar

1. If blood sugar glucose check (finger stick) is 500 or above:
 - Do not give anything by mouth. If nurse or Medical Director is unavailable, call EMS. If instructed by EMS, transport to hospital.